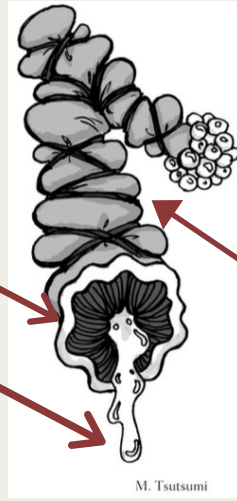


LONG-TERM CONTROL MEDICINES

They stop the swelling and mucus.



They help relieve muscle tightness over time, but do not relieve symptoms.

They work slowly over many days to do their job, so they are taken every day like a vitamin!



Corticosteroids decrease and prevent swelling:

Flovent® (fluticasone)

Diskus® (dry powder inhaler) or pump



Pulmicort® (budesonide)

Turbuhaler® (dry powder inhaler) or Respules® for the nebulizer

Qvar® & Qvar Redihaler® (beclomethasone)



Asmanex® (mometasone)

Twisthaler® Dry powder inhaler

Alvesco® (ciclesonide)



Arnuity (fluticasone)

Dry powder inhaler



LONG-TERM CONTROL MEDICINES

Combination Inhalers contain a corticosteroid to control swelling and long-acting bronchodilator to relax muscles over time:

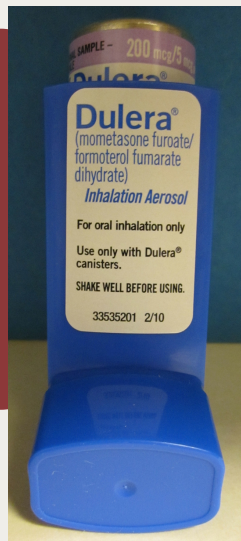


Advair®
(fluticasone & salmeterol)
Diskus® (dry powder inhaler)
or pump



Symbicort®
(budesonide & formoterol)

Dulera®
(mometasone & formoterol)



Breo®
(fluticasone & vilanterol)

Dry powder inhaler



AirDuo® Respiclick®
(fluticasone & salmeterol)

Dry powder inhaler

These **combination inhalers** have 2 medicines that relax muscles over time:

Bevespi®
(glycopyrrolate & formoterol)



Anoro®
Ellipta®
(umeclidinium & vilanterol)

Dry powder inhaler



LONG-TERM CONTROL MEDICINES

This **combination inhaler** has a corticosteroid to control swelling and 2 medicines that relax muscles over time:

Trelegy®
Ellipta®
(fluticasone
&
umeclidinium
& vilanterol)

Dry powder
inhaler



Some inhalers just work to relax muscles over time:

Serevent®
(salmeterol)

Dry powder
inhaler



Spiriva®
Respimat®
(tiotropium)



Striverdi®
Respimat®
(olodaterol)



This is an option that comes in pill form that keeps muscles from tightening over time:

Singulair®
(montelukast)

